



Apr 27, 2023

Workshop Entitled “Mental Health and Wellbeing in the workplace”

The Continuing Education Center at Al Ain University (Abu Dhabi Campus) presented a workshop about the benefit of the Department of Antiquities and Museums in Ras Al Khaimah entitled "Mental Health and Wellbeing in the Workplace" presented by Dr. Samer Abdel Hadi from the College of Education and Human Sciences.

The workshop touched on various titles that include each of the areas of mental wellness and its dimensions, and the importance of mental health care, due to its great impact on work and productivity, in addition to its direct impact on the individual and society.

[Press Release Link](#)